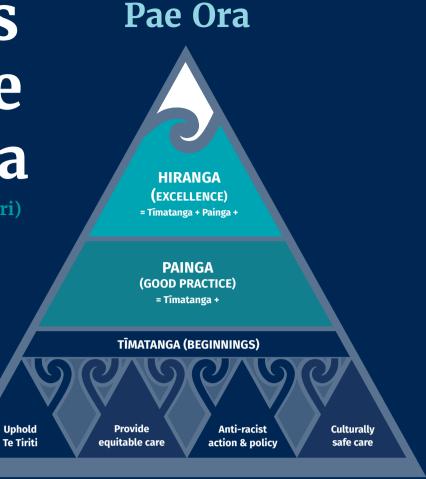
Pae Ora Standards He Ara Tiatia ki te Taumata o Pae Ora

(Pathways to achieving excellence in emergency care for Māori)

Te Rautaki Manaaki Mana is ACEM's strategy for achieving excellence in emergency care for Māori, whānau and staff in all emergency departments. He Ara Tiatia ki te Taumata o Pae Ora provides emergency departments with practical ways to achieve **Pae Ora** – healthy futures for Māori.

By following the steps outlined for each of the four pou/pillars: upholding Te Tiriti o Waitangi, providing equitable care, dismantling racism by anti-racist action and policy, and providing culturally safe care.



Our Uara/Values

The Manaaki Mana steering group consider these uara/values critical to the successful implementation of Te Rautaki Manaaki Mana in the EDs of Aotearoa NZ, as these uara are at the core of Māori whānau, society and Te Ao Māori.

Manaakitanga

Providing care in a mana enhancing manner: ensuring whānau and staff feel welcomed, names are pronounced correctly, people are seen and heard without prejudice, and treated with kindness, dignity and respect.

Whakamana

When providing care, we ensure that patient autonomy and tino rangatiratanga/self-determination is maintained, empowering patients and whānau to be fully involved in health care decisions, especially informed consent, with clear communication that validates lived experience, and recognises the role of mātauranga Māori and te Ao Māori models of health in wellbeing.

Tika me Pono

Doing the right thing. Being a genuine and sincere advocate, not only for whānau seeking emergency care, but also in the wider context of health care and society. Upholding Te Tiriti o Waitangi, learning the skills of anti-racism and committing to dismantling and eliminating racism.

Wairua

Providing care in a way that recognises the importance of wairua, the immortal spirit or soul of a person. Understanding that healing extends beyond the physical body and that the essence of our existence is as spiritual beings. Recognise that a healthy wairua is fundamental to wellbeing and that it must be in balance with the hinengaro (mind) and tinana (body).

Aroha

Providing care with compassion, kindness and empathy and acting with generosity and courage.

Kaitiakitanga

Providing care in a way that acknowledges our role as healers and guardians of the wellbeing of those in our care and those undertaking training in emergency medicine. Providing care in a way that recognises that we are part of the natural world, inter-connected with all things. Acknowledging the role of the natural world in healing and wellbeing, the way we must take care of Papatūānuku the Earth and Ranginui the sky, to limit global warming and create sustainable solutions to the provision of health care.

Whanaungatanga

Providing care in a way that builds relationships and meaningful connections with patients and whānau, recognising that the individual is bound to a larger group, affirming the value of the collective, that we are all inter-dependent, creating authentic engagement. Working with mana whenua and colleagues in the same manner.

Steps you can take

Be A Good Treaty Partner

Te Tiriti o Waitangi stands at the heart of everything we do and offers a way to build a shared future.

Learn about Te Tiriti and practical suggestions for how to honour Te Tiriti in your ED.

Be Culturally Safe

Cultural safety is key to the provision of equitable care. It is a lifelong journey of self-reflection on your own cultural worldview and how this influences your interactions and decision making. Learn what it takes to create an ED that offers culturally safe care by reading our Pae Ora Standards.

Be Pro-Equity

Te Rautaki Manaaki Mana and our Pae Ora Standards explain how you can provide and demonstrate equitable care. Read these and start applying them to your ED.

Be Anti-Racist

Learn about privilege, microaggressions and forms of racism, and use evidence-based techniques to address them from our Pae Ora Standards.

Learn about how we can achieve Pae Ora



Our Vision: We need to know where our strategy will lead us. Our moemoeā for Manaaki Mana is: Emergency departments in Aotearoa New Zealand will embody Pae Ora, providing excellent, culturally safe care to Māori, in an environment where Māori patients, whānau and staff feel valued, and where leaders actively seek to eliminate inequities.



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Pae Ora **HIRANGA** (EXCELLENCE) = Tīmatanga + Painga + **PAINGA** (GOOD PRACTICE) = Tīmatanga + **TĪMATANGA (BEGINNINGS) Provide Culturally Uphold Anti-racist** equitable care Te Tiriti action & policy safe care

Learn more about how we can achieve Pae Ora – healthy futures for Māori





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Steps you can take to achieve Pae Ora

Our Moemoeā/Vision

for Manaaki Mana is that emergency departments in Aotearoa New Zealand will embody Pae Ora, providing excellent, culturally safe care to Māori, in an environment where Māori patients, whānau and staff feel valued, and where leaders actively seek to eliminate inequities.

Te Rautaki Manaaki Mana is ACEM's strategy for achieving excellence in emergency care for Māori, whānau and staff in all emergency departments in Aotearoa New Zealand.

Te Tiriti o Waitangi me Te Rautaki Manaaki Mana gives practical steps

Mana gives practical steps you can take to honour Te Tiriti obligations.

He Ara Tiatia ki te Taumata o Pae Ora (Pae Ora Standards)

provides emergency departments with pathways to achieving
Pae Ora – healthy futures for
Māori – by following the steps
outlined for each of the four
pou/pillars: upholding Te Tiriti
o Waitangi, providing equitable
care, dismantling racism by antiracist action and policy, and
providing culturally safe care.

We urge you to read these documents so that we can achieve Pae Ora – healthy futures for Māori – in our EDs.

Learn more about how we can achieve Pae Ora – healthy futures for Māori





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